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Our Genes provides a glimpse into the fascinating world of epigenetics, the study of how genes are activated or inactivated due to environmental changes. The majority of the book focuses on discoveries that have changed the way science handles conventional approaches to genetics (e.g. think Punnett squares for Mendel's pea plants) and how these discoveries present new dilemmas in pharmacology, nutrition and ethics.

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of our lives, and mark upon it a new course for ourselves, our children, and everyone down the line. Discovery by discovery, we're coming to better understand the relationship between what our genes do to us and what we do to our genes. And this idea—this flexible inheritance—is changing everything. Food and exercise. Psychology and ...

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[Sharon Moalem; Matthew D LaPlante] --  
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superheroes, sex workers, and sports ...

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